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All Student Meals are FREE - Meal Includes Main Entrée, Fresh Fruit, Salad Bar & Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Entrée	Chicken Ramen 	Korean Wings w/ Fries	Pasta Bolognese & Garlic bread	Butter Chicken w/ Naan	Nachos 
Deli	Grilled Cheese Sandwich w/ Fries 	Vegan Chili  	Nashville Chicken Wrap	Chicken Banh Mi Sandwich	Cheese Quesadilla 
Plant Based	Tofu Ramen   	Vegan Tenders w/ Fries   	Vegetarian Pasta 	Plant Based Banh Mi Sandwich 	Vegetarian Nachos  
Vegan & Gluten Free	Fried Rice    	Fried Rice    	Fried Rice    	Fried Rice    	Fried Rice    
Vegan	Loaded Hummus Pitas   	Loaded Hummus Pitas   	Loaded Hummus Pitas   	Loaded Hummus Pitas   	Loaded Hummus Pitas   
Grab & Go	Yogurt Parfait 	Yogurt Parfait 	Yogurt Parfait 	Yogurt Parfait 	Yogurt Parfait 
	House Salad 	House Salad 	House Salad 	House Salad 	House Salad 
	Chicken Salad	Chicken Salad	Chicken Salad	Chicken Salad	Chicken Salad
Pizzas	2 Daily Selections	2 Daily Selections	2 Daily Selections	2 Daily Selections	2 Daily Selections

FOOD KEY:



= Dairy Free



= Gluten Free



= Vegetarian



= Vegan

Second meals can be purchased with funds in student accounts. | fuhsd.org/departments/nutrition-services
Menu subject to change without notice based on ingredient availability | This institute is an equal opportunity provider

Staff Prices:

Brunch = \$4.50
Lunch = \$6.00