FUHSD | FALL 2026 MENU - ALL SCHOOLS | LUNCH

All Student Meals are FREE - Includes Main Item, Fresh Fruit, Salad Bar and Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Items	Thai Chili Chicken w/ rice	Spicy Chicken Sandwich	Pasta Bologenese & Garlic bread	Butter Chicken w/ Naan	Carnitas Burrito Bowl
Daily Favorites	Grilled Cheese Sandwich w/ Fries	Minestrone Soup	Nashville Chicken Wrap	Korean Wings w/ Fries	Turkey & Pesto on Ciabatta
Plant Based	Teriyaki Tofu w/ rice	Plant Based Sandwich	Vegetarian Pasta & Garlic bread	Vegan Tenders w/ Fries	Vegetarian Burrito Bowl
Vegan & Gluten Free	Fried Rice	Fried Rice	Fried Rice	Fried Rice	Fried Rice
Vegan	Falafel Hummus Salad	Falafel Hummus Salad	Falafel Hummus Salad	Falafel Hummus Salad	Falafel Hummus Salad
Grab & Go	Yogurt Crunch Bowl House Salad Chicken Salad	Sushi Roll House Salad Chicken Salad	Yogurt Crunch Bowl House Salad Chicken Salad	Sushi Roll House Salad Chicken Salad	Yogurt Crunch Bowl House Salad Chicken Salad
Pizzas	2 Daily Selections	2 Daily Selections	2 Daily Selections	2 Daily Selections	2 Daily Selections

FOOD KEY: = Dairy Free = Gluten = Vegetarian = Vegan

Second meals can be bought with funds in student accounts | fuhsd.org/departments/nutrition-services

Menu subject to change based on availability | This institute is an equal opportunity provider

Staff Prices:
Brunch = $5.00
Lunch = $7.00